



## PORT CURTIS SAILING CLUB INC.

# PORT CURTIS SAILING CLUB 3-ISLAND ROAD RUNNERS RACE

## EVENT-SPECIFIC SAILING INSTRUCTIONS

*Saturday 5 September 2026 | First start 0900 hrs*

These Event-Specific Sailing Instructions supplement and, where expressly stated, modify the Port Curtis Sailing Club Inc. Sailing Instructions 2026/27 Version 1 dated 28 July 2026. The event is jointly organised by Gladstone Road Runners and Port Curtis Sailing Club Inc., with PCSC Inc. as the Organising Authority.

### 1. RULES AND EVENT STATUS

The event will be governed by the Racing Rules of Sailing (RRS) of Australian Sailing 2025–2028, the PCSC By-laws, applicable Port Security Regulations, the PCSC Sailing Instructions 2026/27 Version 1, and these Event-Specific Sailing Instructions, except where these instructions expressly modify those provisions.

Where these Event-Specific Sailing Instructions conflict with the PCSC 2026/27 Sailing Instructions, these Event-Specific Sailing Instructions shall apply for this event.

### 2. EVENT SCHEDULE

|                      |                                                                                    |
|----------------------|------------------------------------------------------------------------------------|
| Event briefing       | 0800 hrs, Dudley's Bar, PCSC — compulsory for all sailing and running participants |
| Event start          | 0900 hrs                                                                           |
| Nominal event finish | No later than 1400 hrs                                                             |
| Date                 | Saturday 5 September 2026                                                          |

### 3. ENTRIES AND SAILPASS

All runners who are not members of an Australian Sailing affiliated club must obtain a SailPASS for the day's event. SailPASS arrangements are available through PCSC registration QR codes posted at the Club or via the below link:

**SailPASS registration:** <https://www.revolutionise.com.au/portcurtiscc/rego/start?membership=546812>

### 4. STARTING SYSTEM AND HANDICAPS

A pursuit-type start will be conducted. Each boat/runner combination will be allocated a combined arbitrary handicap calculated by representatives of PCSC and Gladstone Road Runners.

Individual start times will be advised at the compulsory 0800hrs event briefing and may be adjusted to accommodate last-minute changes to crews and runners.

The first running leg commences the pursuit start. The event is scored on elapsed time to the designated finish, subject to any penalties or disqualifications.

### 5. COURSE AND EVENT FORMAT

The course consists of four running legs and three sailing legs, conducted in the following sequence:

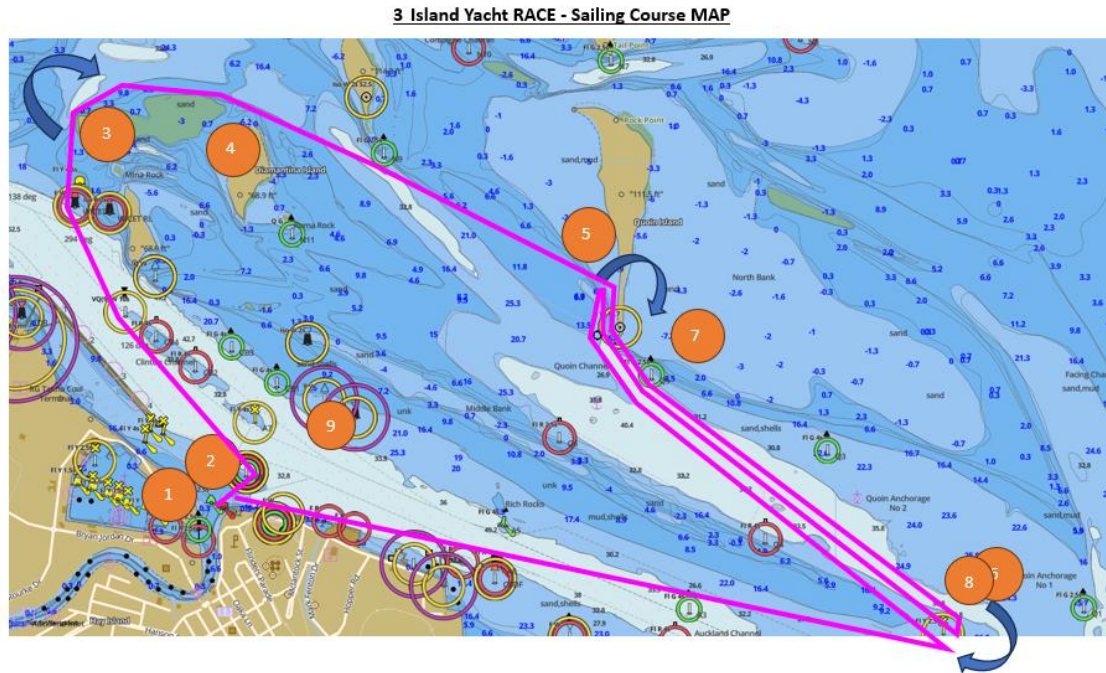
1. Running Leg 1 — From the designated start area at the Gladstone Marina Office to the end of the Gladstone Marina commercial "B" finger, where vessels will await the runners.
2. Sailing Leg 1 — Vessels may motor from the marina to the entrance of Auckland Inlet. After crossing the transit between AI1 and AI2, engines shall be switched off. Proceed A8 (port), Witt Island (starboard), Diamantina Island (starboard) / Turtle Island (port), then through the Quoin Island Gate.
3. Running Leg 2 — After safely transferring runners ashore at the designated Quoin Island landing area, runners complete the loop towards Panorama Point and return to the landing area.
4. Sailing Leg 2 — After all runners are aboard, cross the Quoin Island Gate heading north-west. Engines shall then be switched off. Proceed to Q2 (starboard) and return to the Quoin Island Gate, finishing this sailing leg in the same direction as commenced.
5. Running Leg 3 — After reaching the Quoin Island landing area, runners complete the shorter loop towards Panorama Point and return to the landing area.
6. Sailing Leg 3 — After all runners are aboard, cross the Quoin Island Gate heading north-west. Engines shall then be switched off. Proceed Q2 (starboard), then AI2 (port). After transiting between AI1 and AI2, engines may be used to return to the Gladstone Marina commercial "B" finger and drop off runners.
7. Running Leg 4 — From the Marina finger drop-off, around Spinnaker Park and to the finish at the western entry of Dudley's Bar at PCSC where a runners sign off sheet will be located.

Note that the Gladstone Marina "B" finger may be substituted with an alternate drop off or pick up point to be advised by race control if in the case that it becomes occupied by an unexpected vessel.

## 6. SAILING COURSE AND MARK DESCRIPTIONS

For clarity, the event course map forms part of these Sailing Instructions. The course map indicates the principal course sequence and marks. The Quoin Island Gate will be nominated and described at the compulsory event briefing.

The event course map records the sailing sequence as: start at the Marina and exit Auckland Creek; A8 to port; Witt Island to starboard; Diamantina Island to starboard; Quoin Island drop-off point #1; Q2 rounding mark to starboard; Quoin Island drop-off point #2; Q2 rounding mark to starboard; then return to Auckland Creek/Marina.



- |                                                                               |                                      |
|-------------------------------------------------------------------------------|--------------------------------------|
| 1. Start at Marina and exit Auckland creek                                    | 7. Quoin Island drop off point #2    |
| 2. A8 to (P)                                                                  | 8. Q2 rounding mark (S)              |
| 3. Witt island to starboard                                                   | 9. Return to Auckland creek / Marina |
| 4. Diamantina Island (S) – <b>Warning</b> - watch for low water depth hazards |                                      |
| 5. Quoin island drop off point #1                                             |                                      |
| 6. Q2 rounding mark (S)                                                       |                                      |

Figure 1 — 3-Island Yacht Race course map supplied by PCSC.

## 7. ENGINE USE

Engines may be used only in the circumstances specified below. After the relevant transit has been crossed, engines shall be switched off before commencing the sailing leg.

- Vessels may motor from the marina to the Auckland Inlet transit between AI1 and AI2.
- After crossing the Auckland Inlet transit from AI1 to AI2, engines shall be switched off for Sailing Leg 1.
- After crossing the Quoin Island Gate heading to the Quoin Island landing area, engines may be used to facilitate the safe disembarkation and boarding of runners.
- After crossing the Quoin Island Gate heading north-west for Sailing Legs 2 and 3, engines shall be switched off.
- After Sailing Leg 3, once the vessel has transited between AI1 and AI2, engines may be used to return to the Marina commercial “B” finger for the final runner transfer.

## 8. RUNNER TRANSFERS AND QUOIN ISLAND LANDING

Vessels may, at the skipper's discretion and for safety, tow or carry dinghies, paddle boards or other suitable craft used to transfer runners to and from the Quoin Island running legs.

Runners may row themselves or a designated member of the sailing crew may row them to and from shore.

Unauthorised use of the Quoin Island pontoon to drop off or pick up runners will result in immediate disqualification from the event. Furthermore, any action to impede the safe transfer of runners to / from the shore including but not limited to the removal of or securing of oars on dinghies, or positioning a vessel to obstruct a vessel being rowed or create difficulty in / or and unsafe transfer will result in disqualification from the event.

The designated Quoin Island landing area and Quoin Island Gate will be identified and described at the compulsory event briefing.

## 9. SAFETY, SHIPPING AND TIDAL CONDITIONS

All participants shall comply with applicable PCSC safety requirements, Port Security Regulations and the International Regulations for Preventing Collisions at Sea. Competitors shall not interfere with commercial or naval shipping.

The published tidal predictions for Saturday 5 September 2026 are: High 2.71 m at 0305 hrs; Low 1.45 m at 0923 hrs; High 3.57 m at 1615 hrs.

Warning: the course around Diamantina Island includes low-water depth hazards. Skippers are responsible for navigation and safe passage of their vessels.

The Principal Race Officer / Organising Authority may postpone, shorten, alter or abandon the event where conditions are considered unsafe.

Runners are advised that not all vessels in the PCSC fleet carry toilet facilities or large amounts of water or refrigeration facilities.

## 10. SIGN-ON, SIGN-OFF AND RETIREMENT

All boats shall comply with the PCSC sign-on and sign-off requirements. A boat that retires shall notify the Race Committee as soon as practicable, by verbal hail or radio communication with a committee or rescue vessel.

For event administration, the Race Committee may require confirmation that all runners and sailors assigned to a vessel are safely accounted for at each transfer point.

## 11. COMMUNICATIONS

PCSC race officials will use VHF Channel 72. Volunteer Marine Rescue Gladstone uses Channels 16 and 82. Gladstone Vessel Traffic Service uses Channel 13. A listening watch should be maintained as required by the PCSC Sailing Instructions and applicable safety arrangements.

## 12. RISK STATEMENT AND LIABILITY

Competitors and participants, including runners and sailors, take part in the Event entirely at their own risk. The responsibility for a boat's decision to participate in, or continue in, any race or activity rests solely with the person in charge of that boat.

Sailing, running, vessel transfers and associated activities involve inherent risks, including but not limited to collision, capsizing, falling overboard, drowning, adverse weather and sea conditions, equipment failure, slips and falls, and injury or death.

The Organising Authority, Port Curtis Sailing Club Inc., Gladstone Road Runners, Race Committee, event officials, volunteers, sponsors, boat owners, skippers, crew members and any person or organisation involved in the conduct of the Event will not be responsible for any loss, damage, injury or death arising from or in connection with participation in the Event, to the fullest extent permitted by law.

Each competitor and participant acknowledges that they participate voluntarily and are responsible for assessing their own fitness, ability and suitability to participate, and for ensuring that they have appropriate safety equipment, personal protective equipment and insurance.

Nothing in these Sailing Instructions is intended to exclude, restrict or modify any rights, remedies or liabilities that cannot lawfully be excluded, restricted or modified under applicable law.

### **13. EVENT BRIEFING**

Attendance at the 0800 hrs briefing at Dudley's Bar, PCSC is compulsory for all sailing and running participants. The briefing will confirm, amongst other matters, pursuit start times, final boat/runner allocations, the Quoin Island Gate, landing areas, transfer procedures, safety arrangements and any amendments required for conditions on the day.

### **14. VERSION CONTROL**

Event-Specific Sailing Instructions — 3-Island Road Runners Race. Event date: 5 September 2026. Organising Authority: Port Curtis Sailing Club Inc. Joint event organiser: Gladstone Road Runners. V1.0 - 10 August 2026.