



# Discover Sailing at Port Curtis Sailing Club

## Sailing is Easy & Affordable

Whether you are a beginner or wish to refresh your sailing skills, Port Curtis Sailing Club offers introductory sailing courses for all ages. Accredited as a Discover Sailing Centre with Australian Sailing our Start Sailing courses form part of the national recognised sailing program. All sessions are run by an experienced team with a qualified instructor, using club boats, equipment and facilities. Our focus is on *Safety, Sailing and Fun*.

Our convenient location at the end of Goondoon Street is easy to get to and is centrally located. Numbers are limited and conditions apply.

## Start Sailing Program

At Port Curtis Sailing Club we run the Start Sailing program for both children and adults. The Junior program is most suited from age 9 to 14 while the Adult program caters for youth and adults. Both Junior and Adult programs cover the same content but are delivered over a different timeframe. Start Sailing is held on Sundays usually between 0800 and 1200.

Session	Fun and activities you can expect
1	Introduction to Club, Start to Sail team, facilities. Safety: clothing, environment, equipment, weather, stretches. Parts of boat/sail. Wind awareness. Rigging & de-rigging. Leaving & returning. Paddling. Towing. Tacking & communication. Care of equipment.
2	Points of sail, no go zone, reaching. Boat control and basic heave to. Knots. Capsize drill & recovery. Sailing a reaching course.
3	Boat controls: rudder, centerboard, trim, balance and sails. Rules: avoiding collisions, right of way/exceptions. Weather: gusts & lulls. Sailing windward/broad reach course.
4	Gybing. Sailing a windward/leeward course. Rules. Wind: relative strength.
5	Rigging & de-rigging unassisted. Points of sail. Tides. Crew recovery drill. Helming and crewing with minimal instructor guidance on all points of sail. Knot test

## When can I Start Sailing

Junior and Adult programs are held periodically throughout the year. Coming up we have:

### Adult Program March 2023

Adult courses start with a Theory Lesson on Friday 3<sup>rd</sup> March 2023 1800-2030, followed by five Practical Lessons on Sunday mornings - 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, 26<sup>th</sup> March and 2<sup>nd</sup> April 2023.

### Junior Program Winter Months 2023

Five consecutive Sunday mornings 8am to 12noon over the winter months 2023.  
**Dates to be Confirmed.**

## Expressions of Interest

Register your interest in our Start Sailing course using the following link  
<https://www.revolutionise.com.au/portcurtissc/events/39337/>

We run with small groups so places are limited. Offers are made from the Start Sailing Expressions of Interest list until the course is full. Thereafter nominations remain on our list until the next course. More information can be found on our website at [www.gyc.com.au/sailing/learn-to-sail](http://www.gyc.com.au/sailing/learn-to-sail). Alternatively, email [admin@gyc.com.au](mailto:admin@gyc.com.au)

## Cancellation due to weather

The final decision on the suitability of the weather for any day will be made by the Head Instructor. We usually sail in light rain conditions provided the wind is safe.

Port Curtis Sailing Club  
[Sue\\_doyle@ymail.com](mailto:Sue_doyle@ymail.com)  
[admin@gyc.com.au](mailto:admin@gyc.com.au)

On the waterfront at  
1 Goondoon Street

[www.gyc.com.au](http://www.gyc.com.au)



Port Curtis Sailing Club  
Start Sailing 2023



# Discover Sailing at Port Curtis Sailing Club

## Photographs

Sailors of Port Curtis Sailing Club are regularly photographed while participating in sailing activities. These photos may be used on our website and in other printed material. If you object to your photo being used please note this on your Registration.

## What to wear and bring

Essential clothing	Hat	A hat is essential to provide sun protection, preferably one you don't mind losing or use a retaining strap.
	Footwear	Some form of footwear is recommended to provide protection from sharp materials on the boat ramp.
	Clothing	Sailing is essentially a swimming activity and you will be getting wet as part of every lesson. Remember it is often considerably cooler out in the breeze while afloat than onshore. Shirts need to provide sun protection for the shoulders and to prevent a rash from wearing the life jacket. Shorts are preferable however if you wish to wear long pants for sun protection they should be lightweight (not jeans). Suitable clothing for stinger protection is recommended as we sail in tropical waters.
General Gear	Sunscreen	Factor 30+ is essential and should be applied before sailing
	Towel	A towel is essential. Hot showers are available.
	Change of clothes Gear bag	A complete change of clothes to go home in. Unfortunately we do not have lockers available so please pack a bag that can be closed and don't bring any valuables. You are welcome to leave any gear bags in the training room while offshore.
Other	PFD	We supply all PFDs. Students may wear their own, however we reserve the right to inspect all jackets and will require the use of one of ours if the students own jacket is not suitable.
	Water	Our lessons are short enough that you do not need to carry food. A water bottle is recommended and drink plenty of water before leaving shore.

## What to look forward to

On completion of our Start Sailing program you are encouraged to continue sailing with our Club. The sailing season starts in September and concludes with the Trophy Presentation evening in May. During the winter months we run special social sailing events. Check out the sailing calendar on our website.

To have a chance to get out on the water, members should aim to be at the club about 90 minutes before the published start time to catch up with a skipper for a crew spot, or register at the dinghy rigging area to sail a club boat.



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