



Capricornia Cruising Yacht Club Inc.  
**2008 4RO Round the Bay Yacht Race**

SAILING INSTRUCTIONS

1. RULES

The regatta will be governed by the rules as defined in the Racing Rules of Sailing.

2. CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0800 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3. COURSE

**Division 1 - Monohull Racing**

**Division 3 - Multihull Racing**

3.1 The course proceeds in a south easterly direction from the  
Start at Rosslyn Bay then to  
Bluff Rock (to port) thence to  
No.4 buoy, approx.2 miles north of Sea Hill (to port) to  
Child Island (to port) then to  
Great Keppel Island (to port) then to  
Myall Island (to port) then to  
Bluff Rock (to starboard) then to  
the finish off EASTERN BREAKWATER at Rosslyn Bay .

This course is signalled by a red flag, before the start.

3.2 Alternative Course for Division 1 and Division 3

The course proceeds in an easterly direction from the  
Start at Rosslyn Bay then to  
Myall Island (to starboard), then to  
Great Keppel Island (to starboard) then to  
Child Island (to starboard) then to  
No.4 buoy, approx.2 miles north of Sea Hill (to starboard) to  
Bluff Rock (to starboard) thence to  
the finish off the EASTERN BREAKWATER at Rosslyn Bay .

This course is signalled by a green flag, before the start.

3.3 COURSE- **Division 2 - Trailer Sailer/Cruising**

The course proceeds in a south easterly direction from the  
Start at Rosslyn Bay then to  
Bluff Rock (to port) thence to  
Divided Island (to port) then to  
Humpy Island (to port),  
Great Keppel Island (to port) then to  
Myall Island (to port), then to  
Bluff Rock (to starboard) then to  
the finish off EASTERN BREAKWATER at Rosslyn Bay .

This course is signalled by a red flag, before the start.



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### 3.4 Alternative Course for Division 2

The course proceeds in an easterly direction from the

Start at Rosslyn Bay then to  
Myall Island (to starboard), then to  
Great Keppel Island (to starboard) then to  
Humpy Island (to starboard),  
Divided Island (to starboard) then to  
Bluff Rock (to starboard) thence to  
the finish off the EASTERN BREAKWATER at Rosslyn Bay.

This course is signalled by a green flag, before the start.

### 3.5 DANGERS

Half Tide Rocks (North of Great Keppel Is.)  
Egg Rock, 3 miles S.S.E. of Barren Island.

### 4. START

4.1. Start time 1000 hours, for all divisions.

4.2 The race will be started in accordance with I.S.A.F. rule 26.

4.3 The Starting line off Rosslyn Bay will be between the C.C.Y.C. starting vessel and a buoy.

### 5. RECALLS

5.1 Individual recalls will be signalled in accordance with racing rule 29.1

5.2 General recalls will be signalled in accordance with racing rule 29.2

### 6. FINISH

6.1 The finish line will be between the gap in the SOUTH-EASTERN BREAKWATER at Rosslyn Bay (where the rock groyne starts at Double Head) and a buoy set approximately 200 metres in a north-easterly direction.

6.3 Signals - a sound signal will indicate that a yacht has finished.

6.4 Yachts are requested to illuminate their sail at night, and to identify themselves to the finisher while finishing.

6.5 All yachts are requested to take their own time when the finish buoy bears 045°m.

6.5 Immediately after finishing yachts are requested to radio the finisher on VHF ch 73 conferring their finish time.

### 7. ALTERNATIVE PENALTIES

7.1 The 720 Turns penalty (Rule 44.2) of the racing rules will apply.

### 8. PROTESTS

8.1 Protests must be lodged with the Secretary of the CCYC within 12 hours of finishing the race.

8.2 Protest forms are available from the CCYC clubhouse.

8.3 Protests must be accompanied by a \$5 protest fee.

### 9. SAFETY REGULATIONS

9.1 A boat that retires from a race shall notify the race committee as soon as possible.

9.2 The Race is run under the AYF Special Regulations. Racing Monohulls and Multihulls yachts shall comply with Category 4. Cruising yachts shall comply with Category 4.



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#### 10. DECLARATION

- 10.1 All vessels must sign off within 12 hours of finishing.
- 10.2 Signing off will be considered as a declaration that the yacht concerned has completed the race in accordance with the rules of the I.S.A.F., the prescriptions of the A.Y.F, the QYA Special Safety Regulations and the race Sailing Instructions.

#### 11 EQUIPMENT AND MEASUREMENT CHECKS

- 11.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

#### 12. RULES AFTER SUNSET

- 12.1 Between sunset and sunrise, the International Regulations for Prevention of Collisions at Sea, shall replace the rules of part 2, I.S.A.F. Racing rules.

#### 13. RADIO COMMUNICATIONS

- 13.1 All radio communications shall be carried out on VHF Ch 73.
- 13.2 Refer to Appendix for Radio Procedures and Schedules.
- 13.3 A yacht shall neither make radio transmission while racing nor receive radio communication not available to all yachts. This restriction also applies to mobile telephones.

#### 14. RADIO SCHEDULES

- 14.1 All yachts are requested to report their position to the radio relay vessel according to the schedule in Appendix A of these instructions.

#### 15. TROPHY LIST

- 15.1 Trophies will be awarded to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places in each division.
- 15.2 The major sponsor for this race is 4RO.
- 15.3 Trophies will be awarded at the CCYC Annual Presentation Night (August 2009).

Each vessel winning a trophy is requested to have a representative present on the evening.

#### 16. INDEMNITY

- 16.1 All those taking part in this race do so at their own risk and responsibility.
- 16.2 The C.C.Y.C. is not responsible for the seaworthiness of a yacht whose entry is accepted or the sufficiency or adequacy of its equipment.
- 16.3 The C.C.Y.C. reserves the right to refuse an entry.
- 16.4 Attention is drawn to the Fundamental rule that states:  
"The responsibility for a boat's decision to participate in a race or to continue *racing* is hers alone."



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## APPENDIX A - RADIO PROCEDURE

### 1.0 RADIO FREQUENCY VHF ch 73

### 2.0 RADIO RELAY

2.1 The radio relay vessel and backup relay vessel will be nominated at the briefing. In the event of the nominated radio relay vessel sailing out of range of some competitors, she will call on the assistance of the backup relay vessel to receive and/or relay positions or messages

### 3.0 RADIO SCHEDULES

Saturday	1403 hrs	1803 hrs.	
Sunday	0003 hrs	0603 hrs	1003 hrs (as required)

### 4. RADIO PROCEDURE

4.1 Yachts will be called in an alphabetical order.

4.2 Radio Schedule transmissions will be as follows:

At the given time" CASPER " opens transmission with: CASPER to all yachts, "CASPER to all yachts. My position at 1400 hours was..... Your position please, KIELEE, Over.

"KIELEE" will reply:

"KIELEE" 22.35 South 150.30 East, Over"

CASPER will reply:

"KIELEE" 22.35 South 150.30 East,(the next vessel on the schedule) KISST. Over

If nothing heard from KISST, CASPER will continue:

"KISST" nothing heard, EVELYN, Over."

CASPER will proceed to call all yachts in order.

Any yacht failing to make radio contact with CASPER may attempt to relay their position via another yacht at the finish of the schedule only.

CASPER will ask any yacht to report the position of any other yacht not answering their call.

4.3 Relays or repeats must be held until the end of the list.

### 5. ADDITIONAL RADIO POSITION REPORTS

5.1 A radio check may be made with CASPER on VHF73 one half hour before the start.

5.2 In addition to scheduled reports, yachts must also report to "CCYC CLUBHOUSE" when **abeam** of **Miall Island with E.T.A.** (Estimated Time of Arrival) at the finish.

5.3 If the **Alternative Course** is being sailed, yachts must also report to "CCYC CLUBHOUSE" when **abeam** of **Pelican Island with E.T.A.** (Estimated Time of Arrival) at the finish.

### 6. FAILURE TO OBSERVE SCHEDULE

6.1 Yachts failing to report on schedule or not adhering to correct radio procedures may be penalised 15 minutes for each schedule missed, subject to a satisfactory explanation to the Race Committee on the reason for such omissions.







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APPENDIX C – DECLARATION FORM

**Note: This form must be completed and together with written protest, if any, lodged with the Race Officials within 12 hours of completion of the race.**

Dear Sir/Madam,

I HEARBY DECLARE that I am a member of \_\_\_\_\_ Yacht Club

and that I was on board and in charge of the yacht \_\_\_\_\_ whilst

sailing in the 4RO “Round the Bay” Ocean Yacht Race which commenced from Rosslyn Bay, Yeppoon on Saturday 24<sup>th</sup> November at 1000 hours and that all the rules and regulations were obeyed during the race.

\_\_\_\_\_  
(Signature of Skipper)

Declared at Rosslyn bay, Yeppoon on \_\_\_ / \_\_\_ /08